

Specimen Collection Guidelines - Glucose Load Test (Antenatal)

This test takes 1 hour and during this time you must rest. You may like to bring a book to read.

You will not be able to eat, smoke or leave the Blood Test Centre during this test.

1. You will be given a glucose drink and you must drink all of this within approximately 5 minutes.
2. After 1 hour, a blood sample will be taken from you.
3. If you feel nauseous or dizzy during your test, please let us know.

If you have any problems please contact Canterbury Health Laboratories:

Christchurch:	cnr Hagley Ave and Tuam St.	Ph 364 0300
Ashburton:	Ashburton Hospital, Elizabeth St.	Ph 307 8456