

Specimen Collection Guidelines - Occult Blood

This test is to check for blood in your faeces.

Please collect **one** sample **each day** for 3 days.

1. Place a sample of faeces (about the size of a walnut) into the specimen jar.
2. Label the specimen jar with your name, date of birth, and the date the sample was done.
3. Repeat this each day, for 3 days.
4. Bring each specimen to the laboratory on the day it is done.

If you have any problems please contact Canterbury Health Laboratories:

Christchurch:	cnr Hagley Ave and Tuam St.	Ph 364 0300
Ashburton:	Ashburton Hospital, Elizabeth St.	Ph 307 8456